

Intake and Output Exercise – Clinical Lab

The following is a sample of I&O events over a 24 hour period. Record the information on both the I&O sheet and the graphic sheet. Record the information for 12 hour shifts, please.

0715	Voided 400 mL straw colored urine
0730	1 carton milk (8 oz) 1 container orange juice (4 oz) ½ cup decaf coffee (6 oz cup)
1000	Vomited 200 mL brown fluid
1030	Drank 1 glass (6 oz glass) water
1200	1 bowl (6 oz bowl) chicken soup
1330	Vomited 200 mL fluid
1430	Eliminated formed BM
1530	Voided 400mL
1600	Vomited 100 mL fluid
1630	Drank 1 container apple juice (4 oz)
1730	Vomited 300 mL green fluid
1800	Initiated on NPO status NGT inserted IV therapy initiated: 1000 mL D5 ½ NS@ 100 mL/hr
1900	Shift change report: IV, 100 mL of solution infused, 900 mL left to count (LTC)
2000	Voided 300 mL amber urine
2250	NGT suction container emptied, drainage 250mL brown fluid
0100	Voided 500 mL
0400	1000 mL D5 ½ NS hung
0500	Voided 400 mL
0650	NGT drainage emptied, 150 mL brown fluid
0700	Shift change report: 300 mL IV solution infused, 700 mL LTC